




B-Breakfast  
L-Lunch  
S-Snack



## Menu -January 2019 Infant, Toddler & Primary

Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School Winter Break 	2 No School Winter Break 	3 No School Winter Break 	4 No School Winter Break 
7 B-Chex Cereal , Fresh Fruit, and Milk L-Chicken Nuggets, Green Beans, Fresh Fruit, and Milk S- Carrots, Wheat Thins, and Whole Cheese Sticks	8 B-Cereal Bar with Fresh Fruit, and Milk L- Veggie Nachos, Black Beans, Fresh Fruit and Milk , S-Fresh Fruit, Wheat Crackers, Sliced Turkey, and Yogurt	9 B-Yogurt with Fresh Fruit , and Milk L-Spaghetti and Meatballs, Mixed Salad Fresh Fruit and Milk S-Carrots sticks, Whole Wheat Crackers, Whole Cheese Sticks and Fresh Fruit	10 B-Waffles, Fresh Fruit, and Milk L-Grilled Cheese, Carrots, Fresh Fruit, and Milk S-Carrots sticks, Whole Wheat Crackers, Whole Cheese Sticks and Fresh Fruit	11 B-Muffins with Fresh Fruit, and Milk L-Cheese Quesadilla , Green Beans, Fresh Fruit, and Milk S-Cheese Sticks, Applesauce, and Wheat Crackers
14 B-Chex Cereal , Fresh Fruit, and Milk L-Meatball Sandwiches, Sweet Peas, Fresh Fruit, and Milk S- Carrots, Wheat Thins, and Whole Cheese Sticks	15 B-Cereal Bar with Fresh Fruit, and Milk L-Bean and Cheese Burritos, Corn, Fresh Fruit, and Milk S-Fresh Fruit, Wheat Crackers, Sliced Turkey, and Yogurt	16 B-Yogurt with Fresh Fruit , and Milk L-Chicken and Cheese Quesadilla, Sweet Peas, Fresh Fruit, and Milk S-Fresh Fruit, Cheese Sticks, and Yogurt	17 B-Waffles, Fresh Fruit, and Milk L-Chicken and Cheese Pena Pasta, Mixed Veggies, Fresh Fruit, and Milk S- Carrots sticks, Whole Wheat Crackers, Whole Cheese Sticks and Fresh Fruit	18 B-Muffins with Fresh Fruit, and Milk L- BBQ Chicken, Corn, Fresh Fruit, and Milk S-Cheese Sticks, Applesauce, and Wheat Crackers
21 No School  MLK Day	22 B-Cereal Bar with Fresh Fruit, and Milk L-Chicken Nuggets, Corn, Fresh Fruit, and Milk S-Fresh Fruit, Wheat Crackers, Sliced Turkey, and Yogurt	23 B-Yogurt with Fresh Fruit , and Milk L-Turkey and Cheese Sandwiches, Fresh Fruit, and Milk S-Fresh Fruit, Cheese Sticks, and Yogurt	24 B-Waffles, Fresh Fruit, and Milk L- Cheeses Quesadillas, Corn, Fresh Fruit, and Milk S- Carrots sticks, Whole Wheat Crackers, Whole Cheese Sticks and Fresh Fruit	25 B-Muffins with Fresh Fruit, and Milk L-Cheese Nachos, Black Beans, Sour Cream, Fresh Fruit, and Milk S-Cheese Sticks, Applesauce, and Wheat Crackers
28 B-Chex Cereal , Fresh Fruit, and Milk L-Cheese Pizza, Sides Salad, Italian Dressing, Fresh Fruit, and Milk S- Carrots, Wheat Thins, and Whole Cheese Sticks	29 B-Cereal Bar with Fresh Fruit, and Milk L-Spaghetti with Meat Sauce, Corn, Fresh Fruit, and Milk S-Fresh Fruit, Wheat Crackers, Sliced Turkey, and Yogurt	30 B-Yogurt with Fresh Fruit , and Milk L-Macaroni and Cheese, Green Beans , Fresh Fruit, and Milk S-Fresh Fruit, Cheese Sticks, and Yogurt	31 B-Waffles Fresh Fruit, and Milk L-Mixed Three Bean Soup with Mixed Veggies, Fresh Fruit, and Milk S- Carrots sticks, Whole Wheat Crackers, Whole Cheese Sticks and Fresh Fruit	

**Infant:** Meals and Snack will be provided by Parents.

**Toddler:** Afternoon Snack will be provided by Parents.

**Primary:** Morning Snack Provided by Parents.

\* Snack on Menu is Primary Afternoon Snack

