

B-Breakfast
L-Lunch
S-Snack



Menu -July 2020 Infant, Toddler & Primary

Monday	Tuesday	Wednesday	Thursday	Friday
		1 B-Bagels with Cream Cheese, Fresh Fruit, and Milk L-Cheese Quesadilla, Cesar Salad , Fresh Fruit, and Milk S-Fresh Veggies, Fresh Fruit, Crackers, Sliced Turkey, and Milk	2 B-Yogurt with Graham Crackers, Fresh Fruit, and Milk L-Chicken Nuggets, Corn, Fresh Fruit and Milk S- Fresh Fruit with Cottage Cheese, and Milk	3 No school 4 th of July weekend
6 B-Chex Cereal , Fresh Fruit, and Milk L-Chicken Nuggets, Carrots, Fresh Fruit, and Milk S- Veggies, Wheat Thins, and Whole Cheese Sticks	7 B-Cereal Bar with Fresh Fruit, and Milk L-Turkey and Cheese Wraps with Lettuce and Ranch Dressing , Fresh Fruit, and Milk S-Fresh Fruit, Wheat Crackers, Sliced Turkey, and Yogurt	8 B-Bagels with Cream Cheese, Fresh Fruit, and Milk L-Chicken Sandwiches, Side Salad, Fresh Fruit, and Milk S-Fresh Veggies, Fresh Fruit, Crackers, Sliced Turkey, and Milk	9 B-Yogurt with Graham Cracker Fruit, and Milk L- Beef Tacos with Rice and Veggies, Fresh Fruit, and Milk S- Fresh Fruit with Cottage Cheese, and Milk	10 B-Muffins with Fresh Fruit, and Milk L- Spaghetti and Meat balls, Peas, Dinner Rolls, Fresh Fruit, and Milk S- Veggies with Hummus, Fresh Fruit, and Milk
13 B-Chex Cereal , Fresh Fruit, and Milk L-Grilled Cheese with Turkey Sandwiches, Fresh Fruit, and Milk S- Veggies, Wheat Thins, and Whole Cheese Sticks	14 B-Cereal Bar with Fresh Fruit, and Milk L- Beans and Cheese Burritos, Green Beans, Fresh Fruit, and Milk S-Fresh Fruit, Wheat Crackers, Sliced Turkey, and Yogurt	15 B-Bagels with Cream Cheese, Fresh Fruit, and Milk L- Veggie Pizza, Salad, Fresh Fruit, and Milk S-Fresh Veggies, Fresh Fruit, Crackers, Sliced Turkey, and Milk	16 B-Yogurt with Granola and Fruit, and Milk L-Turkey Sandwiches, Cesar Salad, Fresh Fruit, and Milk S- Fresh Fruit with Cottage Cheese, and Milk	17 B-Muffins with Fresh Fruit, and Milk L- Cheese and Turkey Quesadilla, Peas, Fresh Fruit, and Milk S- Veggies with Hummus, Fresh Fruit, and Milk
20 B-Chex Cheerios , Fresh Fruit, and Milk L-Veggie Nachos, Fresh Fruit, and Milk S- Veggies, Wheat Thins, and Whole Cheese Sticks	21 B-Cereal Bar with Fresh Fruit, and Milk L- Chicken Salad with Celery, Fresh Fruit, and Milk S-Fresh Fruit, Wheat Crackers, Sliced Turkey, and Yogurt	22 B- Bagels with Cream Cheese, Fresh Fruit, and Milk L-BBQ Chicken, Dinner Rolls, Veggies, Fresh Fruit, and Milk S- Fresh Veggies, Fresh Fruit, Crackers, and Sliced Turkey	23 B-Yogurt with Granola and Fruit, and Milk L-Cheese Pizza, with Side Salad, Fresh Fruit, and Milk S- Fresh Fruit with Cottage Cheese, and Milk	24 B-Muffins with Fresh Fruit, and Milk L- Chicken Fajita , Flour Tortilla, Rice, Fresh Fruit , and Milk S- Veggies with Hummus, Fresh Fruit, and Milk
27 B-Chex Cereal , Fresh Fruit, and Milk L-Nachos with Ground Turkey, Beans, with Lettuces, Fresh Fruit, and Milk S-Veggies, Wheat Thins, and Whole Cheese Sticks	28 B-Cereal Bar with Fresh Fruit, and Milk L- Turkey and Cheese Sandwiches, Carrots, Fresh Fruit, and Milk S-Fresh Fruit, Wheat Crackers, Sliced Turkey, and Yogurt	29 B- Bagels with Cream Cheese, Fresh Fruit, and Milk L-Spaghetti and Ground Turkey Meat sauce, Veggies, Fresh Fruit, and Milk S- Fresh Veggies, Fresh Fruit, Crackers, and Sliced Turkey	30 B-Yogurt with Granola and Fruit, and Milk L-Cheese Pizza, with Side Salad, Fresh Fruit, and Milk S- Fresh Fruit with Cottage Cheese, and Milk	31 B-Muffins with Fresh Fruit, and Milk L-Chicken Nuggets, Green Beans , Fresh Fruit, and Milk S- Veggies with Hummus, Fresh Fruit, and Milk

Infant: Meals and Snack will be provided by Parents.

Toddler: Afternoon Snack will be provided by Parents.

Primary: Morning Snack Provided by Parents.

* Snack on Menu is Primary Afternoon Snack

