

Menu – November 2021



Infant, Toddler & Primary

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Lunch Chicken Sandwich on Whole Wheat Bun with Lettuce and Tomato Slices, Fresh Fruit, and Milk</p>	<p>2</p> <p>Lunch Shredded Chicken and Cheese Quesadilla on Whole Grain Tortilla, Fresh Green Beans, and Milk</p>	<p>3</p> <p>Lunch Hamburger on Whole Wheat Bun with Lettuce and Tomato Slices, Fresh Corn, Fresh Fruit, and Milk</p>	<p>4</p> <p>Lunch Whole Grain Macaroni & Cheese, Caesar Salad, Banana Slices, and Milk</p>	<p>5</p> <p>Lunch Grilled Cheese with Whole Wheat Bread, Black Beans, Fresh Carrots, Fresh Fruit, and Milk</p>
<p>8</p> <p>Lunch Chicken Nuggets, Mix Greens Salad with Tomatoes and Ranch Dressing, Fresh Fruit, and Milk</p>	<p>9</p> <p>Lunch Meatball Sandwich on Whole Wheat Bun, Fresh Carrots and Hummus, Fresh Fruit, and Milk</p>	<p>10</p> <p>Lunch Lentil Soup with Veggies, Whole Wheat Breadsticks, Fresh Fruit, and Milk</p>	<p>11</p> <p>Lunch Chicken Fajitas on Whole Wheat Tortilla, Brown Rice, Fresh Fruit, and Milk</p>	<p>12</p> <p>Lunch Shredded Chicken and Cheese Quesadilla on Whole Grain Tortilla, Broccoli and Celery Sticks, Fresh Fruit, and Milk</p>
<p>15</p> <p>Lunch Hamburger Casserole with Sweet Peas and Cheese, Fresh Fruit, and Milk</p>	<p>16</p> <p>Lunch Refried Bean and Cheese Burrito on a Whole Wheat Tortilla, Shredded Lettuce, Fresh Fruit with Cottage Cheese, and Milk</p>	<p>17</p> <p>Lunch Whole Grain Penne Pasta with Beef Marinara Sauce, Fresh Green Beans, Fresh Fruit, and Milk</p>	<p>18</p> <p>Lunch Whole Grain Pasta with Chicken with Green Onions and Sweet Peas, Fresh Fruit, and Milk</p>	<p>19</p> <p>Lunch Veggie and Sausage Pizza on Whole Grain Crust, Fresh Carrots, Fresh Fruit, and Milk</p>
<p>22</p> <p>Lunch Cheese Quesadilla on Whole Grain Tortilla, Black Beans, Fresh Broccoli, Fresh Fruit, and Milk</p>	<p>23</p> <p>Lunch Turkey Sausage with Whole Wheat Dinner Roll, Fresh Green Beans, Sliced Apples, and Milk</p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>	<p>26</p> <p>NO SCHOOL</p>
<p>29</p> <p>Lunch Whole Grain Macaroni & Cheese, Fresh Mixed Veggies, Fresh Fruit, and Milk</p>	<p>30</p> <p>Lunch Chicken and Veggie Soup, Whole Wheat Dinner Roll, Fresh Fruit, and Milk</p>			

